

Wave

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Attendees at the 2005 Veterans Day Parade.

A Salute To Those Who Served . . .

10th Annual Veterans Day Parade on November 11

You are invited to join others in Long Beach in honoring all veterans who have served their country through military service at the 10th Annual Veterans Day Parade and Celebration on Saturday, November 11.

The parade will feature Grand Marshalls who represent each branch of military service, Veterans groups, Scout troops, high school marching bands, ROTC, and community leaders. The Parade will start at 10:00 am at the corner of Harding and Atlantic Ave. Following the Parade, a special 10th Anniversary Ceremony honoring veterans will be held at Houghton Park, 6301 Myrtle Ave. Awards will be presented to each Grand Marshall, and a new mural honoring all veterans will be dedicated. The celebration will also feature family-friendly activities, food, and a gift and crafts fair.

Everyone that would like to honor the men and women who have served in the military are encouraged to cheer at the Parade and participate in the Celebration. For more information, call 570.6137.



One Team, One Mission . . .

An Exciting Career Awaits You

Want to make a difference in one of the most exciting career opportunities in the City of Long Beach? Apply for the position of Police Recruit with the Long Beach Police Department. The Civil Service recruitment period ends October 20.

The City offers an excellent benefits package that includes a 4/40-work schedule, regularly assigned work shifts, and a retirement plan that can begin at age 50. For application information, call 570.6202 or apply online at www.longbeach.gov/civilservice. Send inquiries to JoinLBPD@longbeach.gov. The City of Long Beach believes in *Working Together To Serve*, and is an Equal Opportunity Employer.

Prepare Now . . .

Keeping Warm This Winter

With the winter heating season approaching, customers will be using more natural gas to heat their homes and businesses. Natural gas prices have increased nationwide, and so has the price that Long Beach Gas and Oil (LBGO) pays for natural gas on the open market.

Prepare now to keep your natural gas utility bills as low as possible without sacrificing comfort:

- Weather-strip and caulk your doors and windows.
- Check furnace filters and replace them if necessary.
- Repair all leaking hot water faucets and showers.

Beat the rush and schedule pilot lighting appointments now. Call 570.5700, or visit www.longbeach.gov/utility-billing.

In This Issue

- 1** 10th Annual Veterans Day Parade on November 11
Keeping Warm This Winter
An Exciting Career Awaits You
- 2** Watch What You Heat
Tune In: *Pulse of the Port* Cable TV Show
Clip & Save: Useful Emergency Phone Numbers
Free Residential Landscape Classes
Litter Free Tip #5

National Fire Prevention Week is October 8 – 14 . . . **Watch What You Heat!**

Did you know that cooking is the leading cause of home fires? One out of three home fires start in the kitchen — more than any other place in the home. Cooking fires are also the leading cause of home fire-related injuries.

In coordination with the National Fire Protection Association (NFPA), the Long Beach Fire Department encourages residents to prevent cooking fires by adhering to the following safety tips:

- Stay in the kitchen when you are frying, grilling, broiling, or boiling food. Turn off the stove if you must leave the room.



- When you are simmering, baking, or roasting food, use a timer and check it regularly.

- Keep children and pets at least three feet away from the stove. Use the stove's back burners whenever possible.
- Keep potholders, oven mitts, wooden utensils, paper and plastic bags, towels, and anything else that can burn, away from your stovetop.
- Clean up food and grease from burners and stovetops.

For more information, please visit www.firepreventionweek.org.
(Logo reproduced from NFPA's Fire Prevention Week website. ©2006 NFPA)

Tune In: Pulse of the Port Cable TV Show

If you haven't seen the Port of Long Beach's monthly cable television show, *Pulse of the Port* on Long Beach Television Channel 8, you're missing a fascinating, award-winning program about life at one of the world's busiest seaports. Episodes take viewers aboard giant cargo container ships, show the Port from the birds-eye view of a gantry crane operator, explain how the Port's environmental programs are working to improve air quality, and much more.

Watch *Pulse of the Port* on LBTV Channel 8 during its regularly scheduled broadcasts. Visit www.POLB.com for airtimes. Current and past programs are also available online.

CLIP & SAVE

Useful Emergency Phone Numbers

- Police and Fire 911
- Police (From Cell Phone) 435.6711
- Fire (From Cell Phone). 436.8211
- Airport Security 570.2640
- Harbor 570.4185
- Water. 570.2390
- Gas 570.2140
- Southern California Edison. 800.611.1911

Free Residential Landscape Classes

Learn about California-Friendly Landscape

All classes held on Saturday
from 8:00 a.m. to 12:00 p.m.
Class size is limited.

Now taking reservations for
the following dates:

October 21
November 18



Call today to register.
562.570.2300

or
visit us at
www.lbwater.org



litterfreeLB tip #5

**Join a local
clean-up event**

Visit www.litterfreeLB.org
to find, post or join a clean-up
event in Long Beach.

Visit www.litterfreeLB.org to submit a litter-free tip.
Long Beach: we like it litter free.

CITY OF LONG BEACH ENVIRONMENTAL SERVICES BUREAU